

**C.A.C.L. FOOTBALL CAMP
Summer 2019**

Participants first name _____
Participants surname _____
Participants first name _____
Participants surname _____
Age (child 1) ___ DOB _____ Gender M/F
Age (child 1) ___ DOB _____ Gender M/F
Address _____
Postcode _____
Email _____
Contact no. _____
Emergency contact name _____
Relationship to child _____
Contact no _____
Medical/health information and any
treatment/medication we should be aware
of _____

School attending _____
How you heard about us _____

*Permission for group photograph at camp
*Permission for any photos of child to be used
for CACL promotion
*I agree for CACL to contact me via email about
activities that I might be interested in
*I agree to emergency medical first aid in which
the opinion of a first aider is necessary
*I have read and agree to adhering to the clubs'
code of conduct
Signed(Parent/Guardian) _____

Mini Football Camp: £75.00 x _____
Main Football Camp: £79.50 x _____
Total enclosed £ _____ (cash/cheque)

I have paid £ _____ by BACS
Date paid via BACS transfer _____

- If paying by cheque please make payable to C.A.C.L.
- If paying by BACS account details below Natwest Bank
- **Account no:10448470;**
Sort Code: 52 41 00. Please ref your name & 'Football Camp' & inform us on here the date paid in. Thank you.

WHY SEND YOUR CHILD TO C.A.C.L.?

- ✓ We look after over 100 young footballers each week at our C.A.C.L. Centre from all Schools and Football Clubs over Eastbourne.
- ✓ We offer superb facilities.
- ✓ Our Football Coaches are qualified or highly experienced players and are all CRB checked.
- ✓ Over 1000 F.A Soccer skills certificates have been awarded to C.A.C.L. players.
- ✓ All courses are geared to the age, ability and pace of the children.
- ✓ Our senior coaches hold F.A Sports Injuries Qualifications and First Aid Certificates.
- ✓ C.A.C.L. has run football camps in Eastbourne for over 35 years.
- ✓ Clubs from all over Eastbourne and surrounding areas send their children to C.A.C.L. because our aim is to provide the best possible coaching environment for all players.

**We are also running an Easter Gym Camp
alongside the Football Camp at
The University of Brighton**

For further info contact
C.A.C.L. SPORTS CAMPS
CACL Office: 28 Rowsley Road, Eastbourne,
East Sussex, BN20 7XS
01323 730467
info@caclsports.co.uk
www.caclsports.co.uk



C.A.C.L.

FOOTBALL
CAMPS

SUMMER 2019

MAIN & MINI FOOTBALL CAMPS
For boys & girls age 4 – 12* years

Mon 29 July – Thurs 1 August
9.30am – 12.30pm(Mini)
1pm(Midi & Main)

**AT THE UNIVERSITY OF BRIGHTON
SPORT CENTRE, DENTON ROAD,
EASTBOURNE, BN20 7SR**



We are proud of our reputation.
C.A.C.L. coaches children throughout the
year at the University of Brighton Sports
Centre, Eastbourne. We have organised and
managed sports camps in Eastbourne for
over 35 years and look after 500 children
during our weekly sessions.



MINI SUMMER FOOTBALL CAMP

For boys & girls
(4 yrs, Reception & School Year 1)

About C.A.C.L. Mini Football Camp

Our Mini Football Camp is designed to give the children lots of fun, encouraging coordination and development through working with the ball together with fun, small sided games. We have special mini goals, mini pitches and mini equipment perfect for our youngsters. Our staff are enthusiastic and sensitive to the needs of each child and as always, our aim is for the children to really enjoy themselves in a safe and friendly environment.



Fun Competitions!

The session will be broken up with small, fun competitions such as penalty prize & target shooting to keep them bubbling throughout the week.



Memorabilia!

Each Mini will receive a badge of achievement, a certificate, a light-weight plastic football, a Camp gift and group photo to take home!

C.A.C.L. Football Specific Award Scheme:

Footballers will be taking part in this award scheme which is fun but progressive in all aspects of individual ball control ranging from elementary to advanced, depending on ability and any previous awards achieved.



MIDI/MAIN SUMMER FOOTBALL CAMP

For boys & girls
Midi Camp Y2 & Y3
Main Camp Y4, Y5, Y6 & Y7*

About C.A.C.L. Main Football Camp

The sessions consist of small games, coaching individual skills & techniques; indoor football 6-a-side matches.



The week will also include competitions & tournaments where they can try their newly acquired skills on their fellow campers! The camp will provide a safe, encouraging & structured environment for children. They will have the opportunity to improve their football, grow in skill level, understanding & confidence whilst having fun & making new friends.



- ✓ **Superb facilities- indoor & outdoor football**
- ✓ **Qualified coaches or highly experienced players**
- ✓ **Your own achievement medal, certificate, leather football, camp gift**
- ✓ **Special C.A.C.L. Advanced Skills Certificates**
- ✓ **Competitions – penalty prize, 1v1, shoot-out, heading & volleying**



Camp Director

Chris Pinch - experience includes: FA Centre director: Centre of Excellence coach: Assistant coach at England U15: Spurs scout: Sussex schoolboys: FA coaching & FA Sports injuries qualifications.

CAMP QUESTIONS?

When?

Monday 29 July – Thurs 1 August
9.30am – 12.30pm: Mini Camp
9.30am-1.00pm: Midi/Main Car

Where?

The University of Brighton Sports Centre, Denton Road, Eastbourne. BN20 7SR. The facilities at the venue are fantastic, consisting of a double sized indoor sports hall & a superb Astro Turf.



How much does it cost?

Mini Camp: £75.00

Main Camp: £79.50

(Includes a football, medal of achievement and group photo)

We are offering 5% sibling discount off camp cost

Presentation & Awards

Mini Footballers will be working towards progressive 'Football Specific Award Scheme' & Main Footballers will be working towards the 'Skill of the Week' award. **Family & friends are invited to watch the presentation on the last camp day (Thurs 1st Aug) at 12.30pm**

What should I bring?

- ✓ Football kit or shorts & Tshirt
- ✓ Warm Clothing
- ✓ Astro Boots or football boots for outdoors
- ✓ Trainers for indoors if you are bringing studded boots
- ✓ Hat and Sun cream
- ✓ Small towel
- ✓ Substantial healthy energy Snack/fruit & a large, non fizzy drink in a water bottle



If you wish to attend the camp please fill out the form, enclosing the full cost of the camp to:

C.A.C.L. Coaching
28 Rowsley Road, Eastbourne,
East Sussex, BN20 7XS