



## C.A.C.L FOOTBALL COACHING

### COVID-19 Operating Guidelines

These guidelines will be reviewed regularly and amended where necessary in accordance with the advice provided by Public Health England, Government and Grassroots Football.

#### Key Points

- All staff, footballers and parents should be aware of the main COVID-19 symptoms which include a high temperature, a new, continuous cough or a loss or change to your sense of smell or taste.
- If staff, footballers, parents or members of their household experience any symptoms we ask them not to visit C.A.C.L Football and to inform us immediately.
- We will continue to follow advice given by Public Health England, Government and Grassroots Football and will follow Government guidelines for 'test and trace'.

#### Upon Arrival

- All footballers should arrive at the start of their session with their own bag, own named hand sanitiser and named water bottle.
- Ensure your child is dressed ready to do football in astros / rubber studded boots (not metal studs) shin pads with a waterproof jacket and gloves and hat as weather dictates.
- All footballers must sanitise their hands using the sanitising station on the table inside gate leading onto astro. Ideally, we would prefer they used their own personal one before they enter.
- Waiting areas for various coaching groups will be at the outside gate which halfway down the Astro Denton Road and will be well signposted for you upon arrival. Centre building as it may be subject to change. See below the guidelines as they stand now.
- **Visual maps will be sent to you via email to help you with this**
- For clarification on which coaching group your child is in, we will be sending this information to you the week beginning Monday 7<sup>th</sup> September after you have completed the registration form and we have received your payment for the term.
- All footballers must enter alone and please arrive to wait in designated side of the gate no earlier than 9.05am.
- Parents are encouraged to explain to their children the importance of social distancing when they are with us.
- Coaches will be advised to take their own temperature before coming to C.A.C.L and we advise you to take your child's temperature at home before you attend the session.
- Fees are to be paid in advance so as to limit any change over of cash at the session. If any communication with coaches is necessary social distancing measures must be adhered to when queuing and face masks are to be worn.
- Viewing on the grass bank will be permissible against the wall and not the fence but we would kindly ask that you adhere to social distancing.



### **During the session**

- Personal belongings to be placed socially distanced apart within their training area. Please ensure you leave nothing behind - until further notice we are unable to keep lost property.
- Children will be informed of their coaching group (bubble) and will remain in that group throughout the session with the same coaches.
- In the event of an accident or a serious concern where first aid is required, social distancing may not be possible, the First Aider will wear a face mask and gloves ensuring they wash their hands before and after treatment.
- We encourage children to go to the toilet before they arrive at football.
- Please ensure all footballers bring enough water with them to keep hydrated throughout their session.

### **Upon Leaving**

- Footballers must ensure they have all belongings leaving. Parents should be vigilant of this rule as until further notice we are unable to keep lost property.
- Parents are to collect their children by the same side of the outside gate
- **Visual maps will be sent to you via email to help you with this**

### **Cleaning and Equipment**

- Prior to our opening the building has been deep cleaned adhering to government guidelines.
- Regularly touched surfaces will be sanitised hourly, e.g. banisters, taps, and toilet flush handles.
- All used equipment e.g. goals, balls, cones etc will be sanitised after each session and there will be no changeover of bibs (these will be washed after each session)